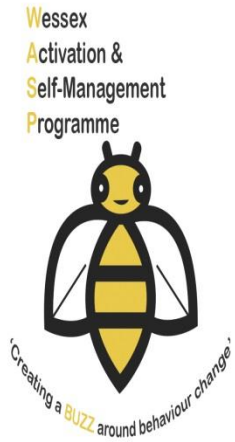

Free Sharing Good Practice Event:

Creating a buzz around behaviour change: it starts with us….

Thursday 21st June 2018 9am-1pm
Shaun Udal Suite, Ageas Bowl, Southampton

This free event is open to anyone with an interest in self-management including - clinicians, managers, system leaders in health, social & voluntary care.

Event includes:

- Feedback from Wessex Activation & Self-Management Programme System-wide review
- NHS England perspective of self-management support at national level
- Anja De Iongh: Health Coach and Lead for Primary Care Development, Help & Care
- Dr Ollie Hart – use of enablers of self-management including the Patient Activation Measure

Book your ticket via Eventbrite: Click here for tickets